



University
of Basel

Faculty of
Business and Economics

Faculty of
Psychology



9th Bernoulli Lecture for the Behavioral Sciences

«*Strategic Self-Control*»

**Professor Angela Duckworth, PhD,
University of Pennsylvania, USA**

Thursday, October 24, 2019, 18:15
Bernoullianum, Grosser Hörsaal,
Bernoullistrasse 30, Basel

9th Bernoulli Lecture for the Behavioral Sciences

«**Strategic Self-Control**»

by **Prof. Dr. Angela Duckworth, University of Pennsylvania, USA**

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The Bernoulli Network for the Behavioral Sciences at the University of Basel is pleased to announce the 9th Bernoulli Lecture for the Behavioral Sciences. Professor Angela Duckworth will speak on "Strategic Self-Control". The event takes place in the Bernoullianum at the University of Basel on Thursday, October 24, 2019 from 18:15 to 19:45. The Lecture is free and open to the public.



Angela Duckworth uses psychological science to understand how individuals exercise self-control to achieve their goals. Duckworth's research suggests that passion and perseverance—a combination that she calls "GRIT"—are crucial to reaching one's objectives and may be as important, or more so, than talent and intellect in fueling success. Duckworth's work became popularized and internationally known with her New York Times bestseller "GRIT: The power of passion and perseverance." In her lecture, Duckworth will focus on strategic approaches to exerting self-control that ease resistance to short-term temptation in several domains of life.

Angela Duckworth is the Christopher H. Browne Distinguished Professor of Psychology at the University of Pennsylvania, where she directs the Character Lab, and serves as Faculty co-director of the Penn-Wharton Behavior Change for Good Initiative. Duckworth received her PhD from the University of Pennsylvania in 2006. Prior to her academic career, Duckworth worked as a strategy consultant as well as a science teacher in the public schools of New York City, San Francisco, and Philadelphia. Duckworth has received numerous scientific awards and her TED talk "GRIT: The power of passion and perseverance" continues to inspire millions around the globe.

The **Bernoulli Lectures for the Behavioral Sciences** honor researchers who have contributed significantly to the development of the behavioral sciences, particularly in the fields of Psychology and Economics. The Bernoulli lectures are organized yearly by the **Bernoulli Network for the Behavioral Sciences**, a joint initiative of the Faculty of Psychology and the Faculty of Business and Economics of the University of Basel, with the aim of fostering interdisciplinary dialogue in the behavioral sciences.

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